

IBSC members' COVID guidance

Date of guidance: 1 October 2021

Present Scottish Government guidelines at 'Beyond Level 0' permit outdoor non-contact sports and organised outdoor activity without restriction. Private travel is also permitted without restriction in Scotland.

IBSC plan to run a normal programme of day and overnight trips through the Winter 21/22 Season.

All members attending IBSC should continue to follow Scottish Government guidance in relation to reducing the spread of the virus: practice social distancing, wear masks when appropriate and sanitise hands regularly. Car sharing is still not advised.

DO NOT ATTEND A TRIP IF YOU ARE EXPERIENCING ANY COVID SYMPTOMS, EVEN IF MILD. DO NOT ATTEND IF YOU ARE REQUIRED TO SELF ISOLATE.

If you develop Covid symptoms within 10 days of attending a club trip, you should pass the contact details of the Club Covid officer to NHS Scotland Test and Protect: Brendan Hughes, training@ibsc.org.uk You do not have to inform the Club or provide details of other trip attendees

Please ensure you register everyone in your party who is planning to attend a day trip. This should include any non-club members who you want to introduce to the club. This is for Test and Protect requirements.

For weekend trips club members may be required to follow additional guidance when staying at booked accommodation depending on the policy of the operator. There is likely to be less availability.

The latest Mountaineering Scotland guidance can be found here:

https://www.mountaineering.scot/assets/contentfiles/media-upload/Mountaineering_COVID19_-_ClubGuidanceFinal9Aug2021.pdf

This also contains links to the latest guidance on transport and measures to reduce the risk of transmission when travelling.

IBSC Committee, 8th October 2021.